



THE LIGHTHOUSE

Giving Hope. Restoring Life.®



A MISSION OF
Hope & Healing

2018 IN REVIEW

We Weren't Created to Go Through Life Alone

Dear Friends,

As I look back on 2018, I am filled with joy at the lives changed through your support of Portland Rescue Mission.

Homelessness can happen overnight or after a long hard journey. I've learned that people don't become homeless when they run out of money. They become homeless when they run out of relationships. None of us were created to go through life alone.

If the lack of relationships is a critical factor in people ending up on the streets, under bridges and in shelters, then relationships have to be a part of the solution.

You have played an important part in bringing hope and healing to hundreds of hurting men, women and children this year. Above all, through your partnership, you are sharing God's love with those who come to us when they feel isolated and alone.

Every service offered by Portland Rescue Mission is provided with a view to developing relationships and drawing people into healthy community. With your continued support, I look forward to seeing God transform more lives in 2019!

Grace and peace,


Eric Bauer
Executive Director



Hope & Healing = *Life Transformation*
the confident expectation of good things to come
to recover and become whole again

TOTAL LIFE Change

For nine straight days, John laid down by a tree and drank—hoping to die.

Drenched by cold rain, John nearly froze at night. “Suddenly, I was jolted awake by pain in my body, then desperation and fear,” he remembers.

“I made the decision to get up and fight through the pain. I decided to start over again.”

Alcohol consumed John’s life since he was nine years old. Now 44, he’d spent the last 10 years in a cycle of homelessness. “I was stuck in a rut, not wanting to be seen, being ashamed of who I was.” Breaking free wasn’t going to be easy. John knew he couldn’t do it alone.

John heard about Portland Rescue Mission and the free program for men to overcome addictions at The Harbor. “And I am now committed to being sober.”

Personal counseling and daily life with other men in recovery revealed new ways to engage with life, which he desperately needed after years of isolation.

“We get involved in groups, in serving, and in church, learning what it is to have a relationship with God.”

For the first month in recovery, John’s body and mind needed rest and care. “I’m in a safe place,” he told himself.



“It’s a total change of life. I went from wanting to disappear to wanting to be part of a community, recognizing that I am of value to people,” says John.

John will soon graduate from The Harbor and looks forward to a healthy new life, getting a job and his own place to live. In the meantime, he joyfully gives back helping people in need at our Burnside Shelter.

“Now I’m the one opening the door to offer someone a greeting, a warm place to come and see that they’re not alone. I can say, ‘I see you. I understand where you’re coming from. There is a way out.’”

“Portland Rescue Mission extended a hand to me. They wanted me to know that I wasn’t alone.”

**PLEASE SEND A GIFT TODAY TO RESTORE THE LIVES OF MORE PEOPLE
SUFFERING FROM HOMELESSNESS AND ADDICTION**

WHERE HOPE

Begins

For a weary body and a hurting soul, hope can begin with a warm, nutritious meal and a safe night of shelter at our **Burnside Shelter** in Old Town Portland.

Your support welcomes people with open arms and gives them relationships and services to escape the chaos and despair of homelessness and addiction.

MEETING DAILY NEEDS

In 2018, your support provided:

341,971 **94,440**

MEALS SERVED—
ABOUT 900 A DAY

NIGHTS OF
SAFE SHELTER

"Being on the street is very traumatic. I was able to come here... I realized there was a bright future ahead for me."

CONNECTING TO HOUSING & EMPLOYMENT

Our short-term **Connect Program** gives stability, accountability and relational support to men and women pursuing education, housing and employment. Most Connect participants are successfully placed in just 3-6 months.

Your support helped:

165

MEN & WOMEN
IN CONNECT

"From the moment I walked into the building I felt at peace. Connect has given me hope. It has given me stability."



HEALING IS *Found*

Our one-year **New Life Recovery Programs** at The Harbor for men and Shepherd's Door for women and children offer addictions recovery, life skills training, vocational development and a meaningful relationship with God.

Overcoming years of addiction, trauma and negative patterns can be daunting. Your support provides a safe, healing environment with counseling, training, accountability and guidance where people in need find healing.



LIFE TRANSFORMATION

Your support served:

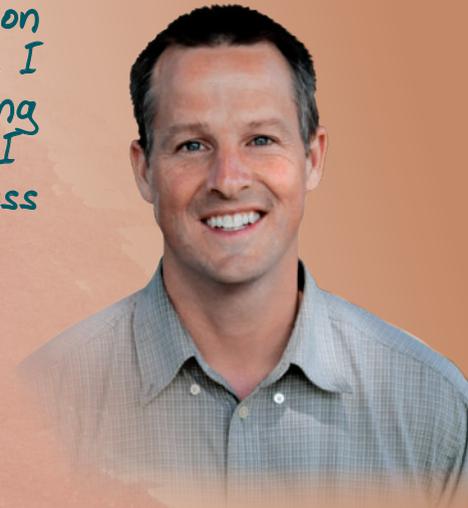
262

ADULTS &
CHILDREN

81%

OF GRADUATES FROM
THE LAST 3 YEARS ARE
IN STABLE HOUSING
FREE FROM ADDICTION

*"If it weren't for
Portland Rescue Mission
I would have given up. I
would have been sitting
alone in prison. Now I
have hope and happiness
again."*



*"My kids have a life.
They have a mom, and I can see
that they're happy."*



BIG Improvements

In the 2018 fiscal year, your support helped us add a new program and improve our existing programs and facilities



RENOVATED BURNSIDE KITCHEN

Hot, nutritious meals offered freely give comfort and hope to people in crisis – more than 340,000 meals a year! With our completely renovated kitchen at the **Burnside Shelter**, we can serve more meals more efficiently than ever, so we can reach even more people with the good news of God's love.

NEW ROOF

After decades of inclement weather and the winter storms, the roof of our **Burnside Shelter** was in dire need of repair. The entire 9,200 square foot roof was replaced, ensuring thousands of men and women can find shelter, meals and care for years to come.



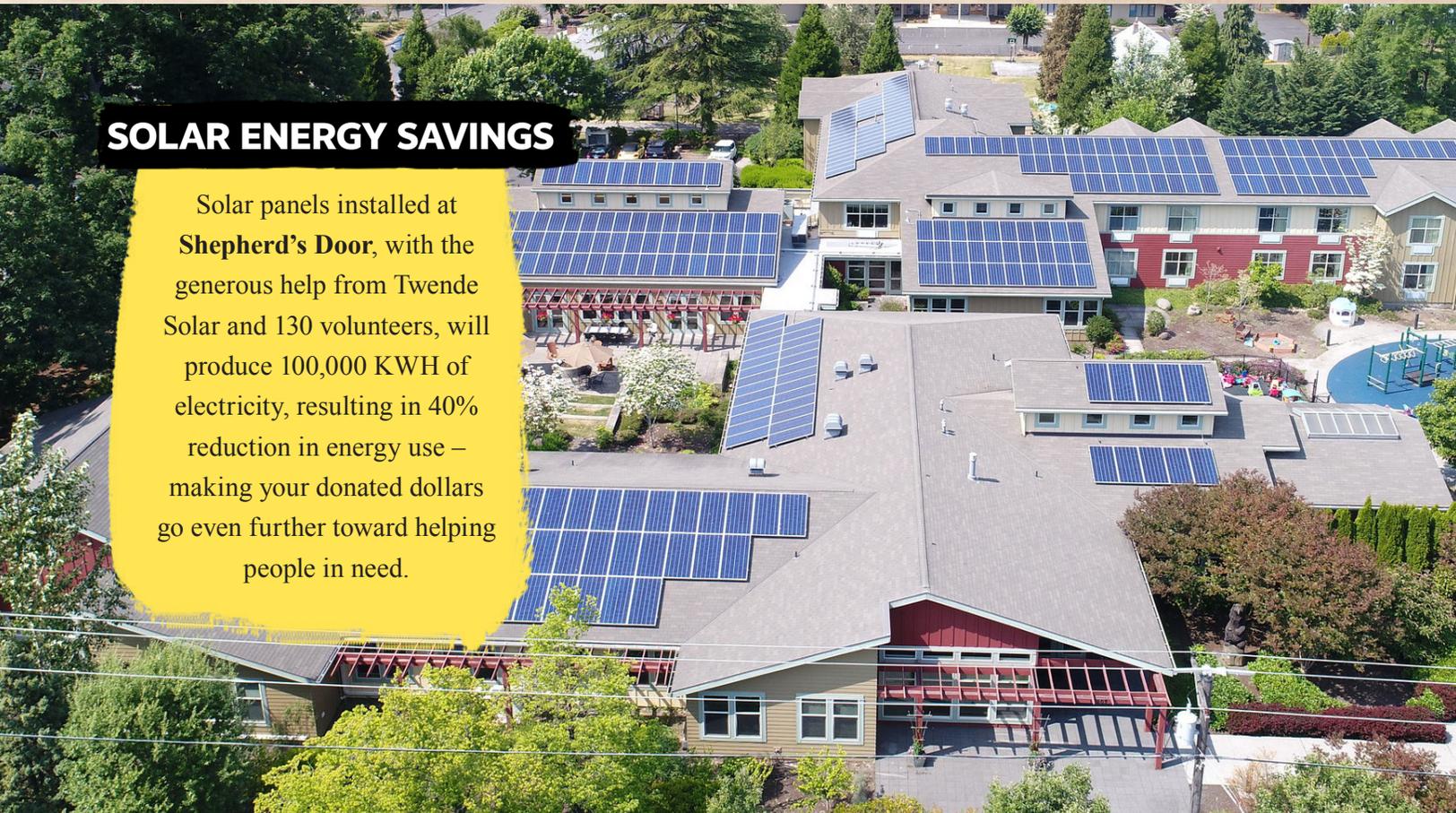


TRANSITION HOUSES FOR GRADUATES

You helped us purchase two houses in the Portland Metro Area to be part of our new 1-year **Community Program**. This program provides guidance and support as our New Life Program graduates transition to healthy, independent living and sustain addiction recovery.

SOLAR ENERGY SAVINGS

Solar panels installed at **Shepherd's Door**, with the generous help from Twende Solar and 130 volunteers, will produce 100,000 KWH of electricity, resulting in 40% reduction in energy use – making your donated dollars go even further toward helping people in need.



People helping People

Your support offers each person who comes to us a warm welcome, compassionate relationships, a safe place to heal, and tools to rebuild a bright future. Through meals, shelter, and a wide range of short and long-term programs, you help us meet people at their point of need and walk with them at a pace they can sustain. Portland Rescue Mission receives no government funding – all support comes from the generous compassion of friends like you. Thank you!

WHERE FUNDS COME FROM

- 85%** Individuals
- 8%** Churches & Businesses
- 7%** Foundations



DONATE MONTHLY

Through your support, you are extending God's help, hope and healing to the men, women and children in our community who are experiencing homelessness, addiction and extreme poverty.

GIVE TODAY: PortlandRescueMission.org/Give

VOLUNTEER WEEKLY

Lifting a hurting person out of homelessness takes teamwork – many people working together to meet both physical, relational and spiritual needs. Last year, volunteers donated over 34,000 hours to give hope and healing to our neighbors in great need.

**SIGN UP TO VOLUNTEER AT:
Volunteer@pdxmission.org**

PRAY DAILY

First and foremost, we ask for your ongoing prayer support. The people who come through our doors are in great need of God's love and we rely on God's provision through generous friends like you to be able to provide hope and healing to those struggling with homelessness and addiction.

PHILIPPIANS 4:6: "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."

See Year In Review Video:
PortlandRescueMission.org/2018Review



**Portland
Rescue Mission**
Giving Hope. Restoring Life.®

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To donate online, visit: PortlandRescueMission.org