7 Ideas for
Helping a Homeless Person

1. Anticipate the opportunity and **be prepared.**

2. Smile and actually say hello. Go out of your way to approach rather than avoid them. **Acknowledging the person** shows respect. It gives dignity.

3. **Engage the person.** Start a conversation. Take time to listen.

4. **Don't give money.** Ask what their greatest need is. If money, what will they do with it? Think creatively about how to help. In most cases, meeting the actual immediate need for food or clothing is best.

5. **Offer an alternative.** Keep care packages with you that include socks, toothbrushes and toothpaste, soap, bottled water, healthy food items or gift certificates for food. Include our meal vouchers (at right).

6. Carry public transportation (www.trimet.org) tickets and **encourage them to get to Portland Rescue Mission** for food, shelter and other immediate needs (Skidmore Fountain stop). Let the person know that you support Portland Rescue Mission so that their needs will be met.

7. Afterward, be sure to **pray** for both their physical needs as well as their spiritual hunger.

Print more vouchers at:
www.PortlandRescueMission.org

PORTLAND RESCUE MISSION

503-MISSION (647-7466)
www.PortlandRescueMission.org

FREE
Mission Voucher

Come to:
Portland Rescue Mission
111 West Burnside
Portland, Oregon
(Skidmore Fountain MAX stop)

Services Available EVERY DAY:
- ☑ Breakfast 7:00 a.m.
- ☑ Dinner 6:00 p.m.
- ☑ Chapel 7:00 p.m.
- ☑ Daily Bible Studies
- ☑ Mailbox Service
- ☑ Social service agency referrals

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