



RESCUE PORTLAND

THE HEART OF THE MISSION

2016 IN REVIEW



Like Waking Up

Soft morning light gently wakes Anthony from a restful sleep. "Good morning, God," he whispers. "Thank you for the chance to live this day."

It's been a year since Anthony stepped out of his old life. In the soothing cascade of a hot shower, he remembers the stark contrast of life on the streets. Showers were a rare luxury back then. Instead, freezing rain pelted his face all night long as he huddled in a dirty alley. His clothes soaked through, leaving him chilled and exhausted the next morning. "I was defeated, weak, and numb," says Anthony.

Worse than the physical toll of being homeless, Anthony carried an agonizing weight of despair over what he'd let his life become. Surely, he wasn't worthy of being loved. Not after the way he lied to his family and stole from his best friend to feed the monster of his addiction. Not after destroying his relationship with his girlfriend and her two kids. Not after losing his car, his job and everything he owned. Surely, he didn't deserve a second chance.

Shame wells up with the memories, but Anthony releases it all with a prayer: "Thank you, God. That's not who I am anymore. Thank you for forgiving me and helping me start over."

"Now I relieve stress and frustrations by praying. I talk to God whenever my heart feels like it."

A NEW DAY DAWNS

When Anthony came to The Harbor, our recovery center for men in northeast Portland, he wasn't sure what to expect. But he was warmly welcomed by the staff and easily connected with other men in the program.

Counseling helped Anthony break down the coping mechanisms of his addiction. Drinking, he realized, numbed him from dealing with conflict, stress and self-loathing. But those problems only grew worse by ignoring them. Pent-up emotions he could never seem to express would burst out uncontrollably when he drank, leaving only more destruction.

"Now I relieve stress and frustrations by praying," Anthony says. "I talk to God whenever my heart feels like it. I just let it all out. It just lifts off my shoulders." And instead of running away from conflict, he faces it head on, in healthy ways that he's learned in recovery.

An essential part of Anthony's renewal has been supportive relationships. Though his parents wouldn't enable his addiction, they loved him deeply, helped him find recovery, and still encourage his progress. Friendships he's made with other men in recovery keep Anthony strong too.

Today, after a year in recovery, Anthony is filled with passion and optimism. "I have worth now. I feel awakened and strong," he says. "I have something to contribute to the world."

THOUSANDS OF PEOPLE LIKE ANTHONY LONG TO BREAK THEIR ADDICTION. YOUR GIFT TODAY MAKES IT POSSIBLE THROUGH MEALS, SHELTER AND RECOVERY CARE.

FROM HUNGER

YOU MEET URGENT NEEDS
IN TIMES OF CRISIS

You are the heartbeat of Portland Rescue Mission!

Every hot meal you provide. Every safe night of shelter you give. Every service you make possible – 24/7 restrooms, showers, clothing, chapel services, mail service and referrals – shows loving care that means so much. For many people, that first friendly interaction is what starts them on a journey home.

Thanks to you, all of our life-restoring services are provided free of charge – without prejudice, without question – to share God's love with open arms. Here is our 2016 Review by the numbers:

2016 IN REVIEW



TO
HEALTH

335,287 meals

BREAKFAST AND DINNER SERVED
DAILY, PLUS LUNCH ON WEEKENDS
– UP TO 900 MEALS A DAY.

759,488 pounds of goods

YOUR DONATIONS OF FOOD, CLOTHING
AND TOILETRIES PROVIDE FOR URGENT NEEDS
AND KEEP OUR OVERHEAD COSTS LOW.

81,618 nights of shelter

IN 2016, WE OPENED OUR WINTER SHELTER THREE MONTHS EARLY
TO MEET THE URGENT NEEDS OF DISPLACED MEN AND WOMEN.



FROM HOPELESS

YOU PROVIDE SAFETY AND STABILITY

Homelessness can strike without warning. Divorce, domestic abuse, job loss and many other issues leave men and women with nowhere else to turn.

Your support provides a safety net for people in crisis. Thanks to you, our 3-month Connect programs for men and women provide resources for independent housing and employment. About two-thirds of the men and women in this program find housing.

TO HOPE

230 people
helped by Connect

25,000+ volunteer hours

VOLUNTEERS OFFER FRIENDSHIP, CARE AND COMPASSION.

OUR DEDICATED VOLUNTEERS GO THE EXTRA MILE TO SHARE GOD'S LOVE! THEIR SMILES, ENCOURAGEMENT, PRAYER AND SERVICE SOFTEN HEARTS AND SPARK HOPE.

VOLUNTEER: PortlandRescueMission.org/Volunteer



2016 IN REVIEW

FROM **HEARTACHE**

YOU BREAK ADDICTIONS AND BUILD FUTURES

The opposite of addiction isn't just sobriety—it's connection. Addiction destroys relationships until a man or woman is left completely alone. Without help, many people simply give up on life.

Your support sets people free through our long-term residential programs at The Harbor for men and Shepherd's Door for women and children. Our New Life Ministries break addiction by healing the root causes. Long-term success comes from restoring relationships—with self, God, family and friends.

Over half of the graduates maintain good outcomes.

TO HEALING

231 people
touched by our
New Life Ministry



1,234 Donated Cars

YOUR CAR DONATED TO OUR DRIVE AWAY HUNGER PROGRAM FUNDS OUR SERVICES, PROVIDES JOB-TRAINING, AND GIVES YOU THE MAXIMUM TAX DEDUCTION POSSIBLE.

DONATE OR BUY A CAR:
www.DriveAwayHunger.org





2016 IN REVIEW

FROM HOMELESS



YOU GIVE A NEW START IN LIFE

Homelessness ends! Because you care and give so generously, there's a way back home for people who feel they're beyond hope.

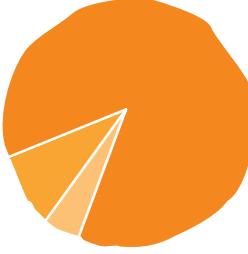
Thank you for changing the lives of so many people in 2016.
We're grateful for your continued support in 2017!

TO
HOME



WHERE FUNDS COME FROM

INDIVIDUALS 85%
CHURCHES & BUSINESSES 8%
FOUNDATIONS 7%



HOW FUNDS ARE USED

PROGRAMS 74%
FUNDRAISING 19%
ADMINISTRATION 7%



RECEIVED
1,234 CARS DONATED TO
DRIVE AWAY HUNGER

 WANT TO SEE MORE OF
OUR YEAR IN REVIEW?
PORTLANDRESCUEMISSION.ORG/2016REVIEW



AT THE HEART OF IT ALL

Almost 70 years after John Van Diest, our founder, served home-cooked soup to hungry people facing hard times, Portland Rescue Mission holds true to that first vision. Begin by meeting people's most urgent needs. Show them that they matter, that they are loved by God. They are not alone.

Then, as hope emerges in their hearts, offer people simple steps to move forward in life. Provide structure and encouragement. Equip with practical life and job skills. Cultivate relational skills development by surrounding them with supportive relationships.

At the heart of all we do at Portland Rescue Mission, there is one thing that really makes a difference: God's love. It's His unconditional forgiveness and relentless compassion that releases people from the anger, hatred, fear, trauma and despair. In the void where there was only hurt springs gratitude, deep joy, a positive outlook and desire to give back.

Thank you for your partnership in sharing God's love so freely. Because of you, lives are transformed!

Celebrating with you,

Eric Bauer
Executive Director

*Transformation happens slowly.
Fear subsides. Forgiveness frees. Trust builds.
Confidence grows. Love multiplies.*



Donate via credit card:

Circle One: Expiration Date: _____

Card Number: _____

Name: _____ Phone: _____

Address: _____

Donate securely online: www.PortlandRescueMission.org/SpringNL

Keep me updated with news and stories through email:

Email: _____

Please pray for: _____

Tell me more about:

- Monthly giving through checks, auto-pay, or electronic transfer
- Donating my car
- Planning my estate, annuity, or trust
- Volunteering at the Mission
(Please complete contact information at left)

Donations to the Mission are tax deductible to the fullest extent allowed by law.

Any gifts received above our current need will be used to help care for hurting people throughout the year.

THANK YOU, COMMUNITY PARTNERS!



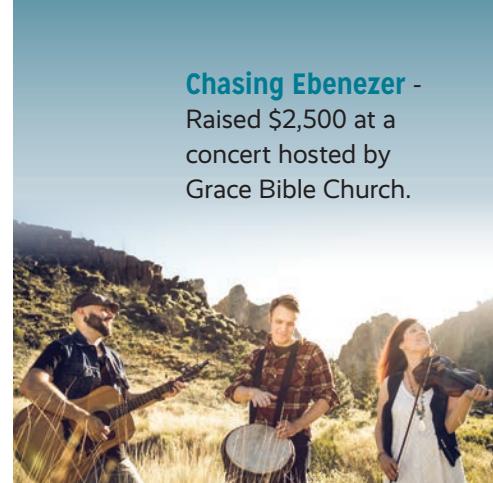
Columbia Bank – Their Warm Hearts Campaign raised funds and awareness for the Mission and other organizations in the region.



Harry's Fresh Foods - Donated a warmer to Burnside to help serve the large quantity of meals we provide daily. They also organize two events each year and provide gifts to the women and children of Shepherd's Door each Christmas.



AKA Direct - Donated prime rib for Christmas dinner and sponsored our telethon events.



Chasing Ebenezer - Raised \$2,500 at a concert hosted by Grace Bible Church.



Zipcar – Offering a free lifetime membership when you donate a vehicle to Drive Away Hunger. They are also offering driving credit to anyone who uses a Zipcar to donate or volunteer. Learn more at: www.zipcar.com/portland_rescue_mission

BIRTHDAY PARTY FOR THE HOMELESS

SEND A CARD TO LET PEOPLE KNOW YOU CARE

Our annual Birthday Party for the Homeless is coming up! Send an encouraging birthday card to someone in need or download one from our website.

PortlandRescueMission.org/Birthday



MY GIFT OF HOPE

Yes, I want to help end homelessness, addiction, hunger and abuse. To help hurting men, women and children, here is my gift of:

- \$8 a month** to provide 60 meals a year
- \$16 a month** to provide 120 meals a year
- \$24 a month** to provide 180 meals a year
- \$_____ a month** to help give hope
- \$_____ one time gift**

Enclose your check or complete your credit card information on back.

WAYS TO GIVE

DONATE FUNDS

- Join our Circle of Friends with your monthly donation
- Cater an event with Mission BBQ
- Leave a lasting legacy through your will, annuity or trust

DONATE GOODS

- Receive a maximum tax deduction by donating your car
- Drop off blankets, socks or jeans

DONATE TIME

- Volunteer to serve a meal, teach a class or work with kids
- Spread the word by joining us on social media:

PortlandRescueMission.org/Join



**Portland
Rescue Mission**

Giving Hope. Restoring Life.®

P.O. Box 3713
Portland, OR 97208-3713
503.MISSION (647.7466)

To donate online, visit
PortlandRescueMission.org/SpringNL

*Thank you
for your support!*