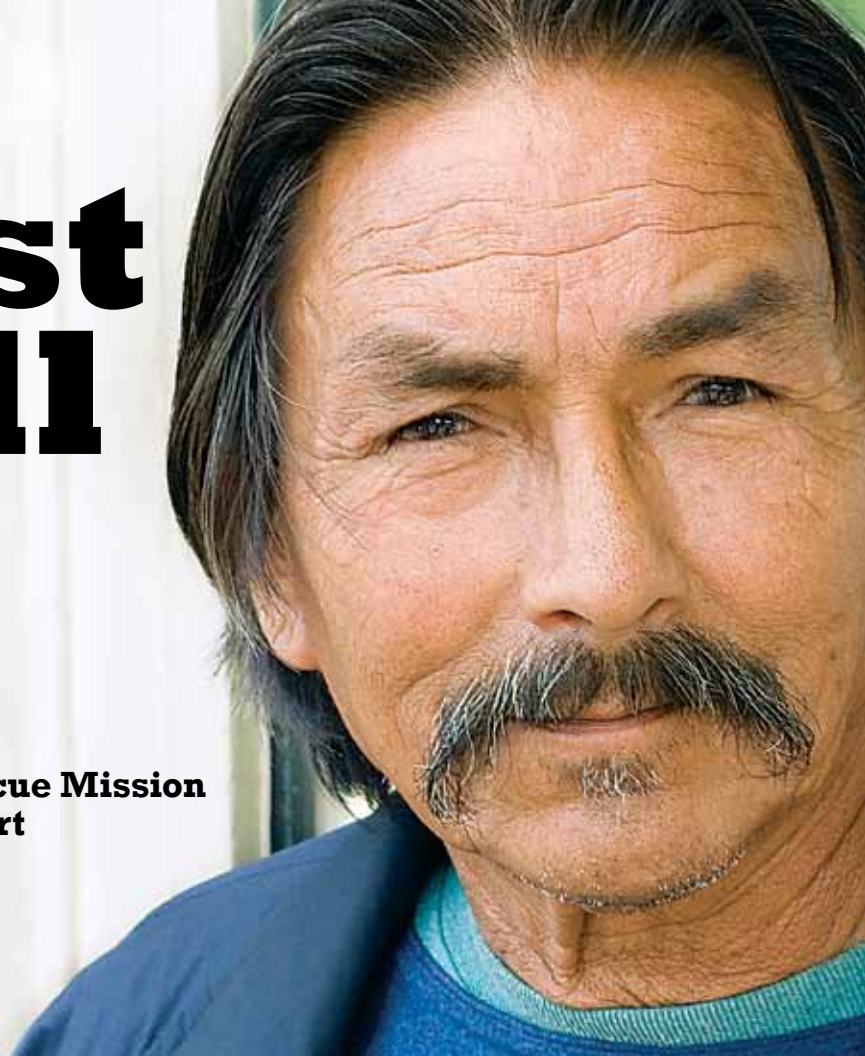


Against the Wall And Facing New Life.



**2009-2010
Portland Rescue Mission
Annual Report**



Homelessness

A Life of Extremes:

Homelessness is a life lived in the extremes. To someone living on the street, a small setback like bad weather can dampen spirits like a monsoon. A smile from a stranger can be worth more than any panhandled dollar. When you don't have a home to live in, ordinary things are magnified. The toils of life feel deeper and wider.

At Portland Rescue Mission, we see those extremes every day. We often see pain in the eyes of our meal and shelter guests, and we see true hope in the eyes of our New Life Recovery Ministry residents. We see struggle, and we see redemption.

Our residents feel these extremes even after they've come off the streets. Because of the trauma so many of them have faced, small steps toward recovery often take enormous effort. And moving forward with God allows Him to do His powerfully healing work.

The Mission itself has witnessed extremes this year, in good and challenging ways. During these difficult

financial times, new friends surprised us with their generosity. God continues to amaze us. Support from partners like you helps give hope to the hundreds of people we see every day.

In this once-a-year snapshot of our ministry at Portland Rescue Mission, see how trials turned to joys, challenges turned to blessings, small gifts became great. God has provided for us this year through our family of supporters and His graceful hand, and we look forward to His provision in the years to come.

For both our guests and residents, hope is possible in the midst of extremes. Thank you for partnering with us in sharing the love of God and grace of Jesus Christ with people in desperate need!

Eric Bauer, Executive Director





Outreach on the streets and recovery for men, women and children—thank you for providing these good things to the hurting people who needed it this year!

Beyond Reach



Annual Increase in Outreach Meals



—Outreach Teams Touch the Heart.

Portland's homeless men and women aren't beyond reach—just one meal or a kind word can lead someone toward total life recovery. Every day of the week, staff and volunteers on five Outreach Ministry teams show Christ's love to the thousands of homeless and hurting people at our Burnside Shelter:

BREAKFAST • Breakfast workers greet homeless men and women as they come in from the streets to begin a new day. Hot coffee, nourishing food and an encouraging word help heal wounded spirits.

STREET • We leave the building and meet guests where they are on the sidewalks and under the bridges of Old Town. We build friendships and share vital information about services and recovery at the Mission.

DINNER • Volunteers and staff care for an average of 250 people a night. We greet and engage guests, serve food, clean tables and lead an optional devotional after dinner in the Chapel.

GUEST RELATIONS OFFICE • The Burnside Shelter is open 24 hours a day—a refuge, day and night. Guest relations volunteers and staff pass out clothes and toiletries, provide access to safe bathrooms, sort and deliver mail, connect guests to other agencies, and answer phones. In many ways, it's the very heart of the Mission.

WOMEN • The number of homeless women has grown rapidly in the past decade. Staff and volunteers serve women before dinner by washing and massaging feet to develop trust. We also host all-day events where women receive a special meal, clothes and toiletries, have their hair washed and cut, and find rest from their challenging lives on the streets.

Our dedicated staff and volunteers in Outreach Ministry build relationships with men and women who desperately need hope in their lives. In everything we do, we reach out and demonstrate compassion to our guests, and we point them toward a vibrant relationship with God.

We Took Candi to Court

Candice oscillates between states of awareness and fits of giggling. She rarely uses full words to express herself. Her dirty hair is matted to her head. Charities have given her shoes hundreds of times, but she always shuffles around in bare feet. Candice's worn, oversized clothes hang from her body, and she's often seen sitting down on the sidewalk with her head slumped on the shoulder of a man—any man.

Candice's mother was schizophrenic and didn't provide proper care for Candice as a baby. Today, Candice is 24 years old and struggles with a mental disability. She lives alone on the streets of Old Town.

This year, the Mission intervened. After witnessing Candice in unsafe situations on the sidewalk at our Burnside Shelter, we realized she wasn't going to get any better living on the streets or in a shelter. She needed serious, intentional

care. So one of our Outreach staff talked with other local agencies who knew about her situation, and they supported his decision to go to court and make a plea for this young woman with no family, no verbal skills, no shoes.

Now, Candice lives at the Oregon Mental Facility in Salem. She is safe and warm in an environment far better than the streets. We pray that this intervention will lead to effective treatment and healing for this vulnerable child of God.

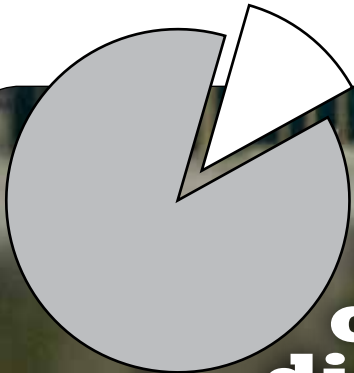
There are great needs all around us, and most are bigger than what we can handle on our own. But we diligently seek to leverage every resource and opportunity to shepherd homeless, hurting men and women on the streets toward healing.

ce

To Help Her Find Real Hope.



Whenever necessary, we refer men and women to organizations that are equipped to serve their mental and emotional needs.



In Multnomah County, nearly
1 out of 8 homeless people
disclose having a **mental
or emotional
disorder.***



**Oregon Housing & Community Services One Night Homeless Count
January 2010, Multnomah County Report*

Rock Bottom

When guests come to Portland Rescue Mission for a meal or a bed, they learn about our addictions recovery ministry. Many are at the lowest point in their lives. Rock bottom. But recovery for hurting souls starts best at this vulnerable point. Falling down is often the first step toward total life recovery.

Staff and volunteers serve the specific needs and challenges of each of our **80+ residents in New Life Recovery Ministry**. Total life recovery in every case boils down to three things:

ADDICTIONS RECOVERY • Every man or woman comes to us with compulsive behaviors ranging from drugs and alcohol addiction to codependent relationships or sexual abuse. Over 12 to 16 months, residents learn that all addictions are potentially devastating, if not addressed. Through classes and counseling, they face their addictive behaviors and confront their root issues.

LIFE SKILLS • Residents have a range of personal abilities, educational backgrounds and health needs. We offer training directed at specific life skills to teach men and women how to take care of their bodies, manage their finances, settle

legal matters, develop and refine job skills, and move forward in educational goals. These tangible accomplishments help instill confidence in the residents and equip them for successful, self-sufficient living.

SPIRITUAL HEALING • We freely share the love of God and grace of Jesus. Men and women are introduced to God, who loves them and desires to redeem the brokenness in their lives. Spiritual guidance and encouragement empower their recovery and point them to a source of hope and strength that exceeds what any human can offer.

Is Where Total Life Recovery Finally Begins.

When children come to us with their mothers, they're going through their own recovery, and they need special care.

By bringing them healing, we help moms break the cycle of homelessness.

Highly-qualified, nurturing adults help kids reach their potential while their moms find recovery.





Deep Pain

Led Jason to Healing.

“I picked up a plastic bottle that was on the table next to the door, and I threw it at her and hit her in the head. I would give anything to take that back.” Jason’s memory of one of his worst fights with his wife plays through his mind almost every day. It’s the pain of that memory, which happened because of his addiction to alcohol, that brought him to the Mission for recovery.

Jason wasn’t living on the street—he’d crashed with friends and had been supported by family when things with his wife and daughters weren’t going well, but he’d never been without a roof over his head. He was almost wary of coming to the Mission in the

first place. Finding recovery alongside people who had absolutely nothing made him uncomfortable.

But Jason knew he needed help, for himself and his family. He was willing to do anything. “I felt worthless—like scum, a loser—so I expected to be treated that way. That’s how I saw myself, and that’s how I thought everybody else saw me.”

Jason gritted his teeth and came to the Mission. He hung out on the sidewalk to get a feel of the atmosphere, still hesitant to go in. When a staff member approached him to say hello, Jason got all the information he needed about New Life Recovery Ministry without even walking through the door.

“He had so much information,” Jason explains. “And when he looked at me, he wasn’t judging me. He encouraged me. It made me want to come back.” Jason returned to the Mission the following day, and he began a life-changing whirlwind of recovery.

Jason wanted to attack that addiction in his life for the sake of his family, but he quickly learned there was

more to his addiction than habits and sobriety. “I had no idea I was going to form this great relationship with God.” Through counseling and Christian guidelines, Jason began to understand that the Bible has tools that help him face his addiction as well as love his wife and family. “It goes so deep. It’s unreal.”

Jason’s faith in God’s provision has given him the courage to pursue his GED and focus on future plans. He wants to work with people—to help others and make things better somehow. And for now, he’s starting with his family. Today, Jason looks forward to reconnecting with his wife and being a good dad to his three daughters. And he’ll do that with a new assurance from his time in recovery.

“God gave me a purpose. Through Him, I can do anything.”



Jason’s daughters are his first priority today. Watch more at www.PortlandRescueMission.org/Jason

Connie's Empty

Grasp Confidence for the Future.



When Connie approached graduation from New Life Recovery Ministry, she considered her options for the future.

“I could look for a job,” she reflects, “or I could file for disability and not have to work.” Connie had filed for disability once before—a couple of years earlier, before she came to Portland Rescue Mission for recovery. She had been suicidal, so she was a good candidate to receive life-long benefits.

Connie rubs the criss-crossed scars on her forearm, a razor-blade reminder of abusive relationships and lifelong addiction to alcohol that led her to give up on life completely.

Portland Rescue Mission's GRAD Ministry gives participants vocational positions at Ministry sites, where they gain valuable experience and are stretched vocationally, spiritually and relationally.

y Arms

But after 18 months in New Life Recovery Ministry, facing her addiction's root causes and working them out, Connie approached graduation with a renewed confidence. "I knew I still had something to offer—I still wanted to give back to society."

Connie saw other women who'd graduated from recovery work in the GRAD Ministry, a year-long job-training program. "I'd really enjoyed volunteering at the Mission's administration office, so I asked about a GRAD position there." The details fell into place over the next few weeks,

and Connie began serving 40 hours a week as a gifts processing assistant the month after she graduated.

Connie had some initial fears about not being able to learn new tasks or keep up in a fast-paced environment, but once she integrated into the Mission's demanding gifts processing department, those fears quickly dissolved. Her team prays together each morning and helps each other get the job done. "Even if I make a mistake, my team helps me learn from it, and they remind me that they make mistakes, too." Now, Connie is an integral part of her team and a vibrant light to the rest of the office.

"Before I started GRAD Ministry, I was scared." Connie was fearful about her own limitations and abilities. "Now, I have a future. I'm confident."

See Connie's story from the very beginning, online at www.PortlandRescueMission.org/Connie

16 GRAD positions over the past two years, including:

Pastoral Care

Custodial

Human Resources

Warehouse

Children's Center

Outreach

Kitchen Services



Dirty Hands Make Hearts Clean.

Our dedicated volunteers get their hands dirty every day at Portland Rescue Mission, providing an enormous support system for our guests, residents and staff. They foster hope and trust through healthy relationships, and they reduce our overhead. We truly could not do what we do at the Mission without them.

Last year, over **4,000 volunteers** donated more than **27,500 hours** to the Mission—equal to 14 full-time staff positions! From long-term relational mentoring and tutoring to dish-scrubbing and wall-painting, our volunteers do it all.

This year, we saw a great increase in new volunteers, and we found new opportunities for them. Staff at all of our facilities work with volunteers, ensuring their needs are met as they serve guests and residents. We regularly meet with churches and organizations to share with the community all the ways people can get involved.

As they work side by side with residents and staff, volunteers both give and receive. Most volunteers say they are touched by their time spent in service and remain faithful friends of the Mission.

Annual Increase in Volunteers and Hours Served





New volunteer positions this year include more intensive mentoring, beauty outreach to women on the streets, and car maintenance and sales at our auto center.



Donation Values



Autos
\$1,054,192



Food
\$751,894



Clothes
\$1,828,780



Toiletries
\$77,057

Values from our annual audit.

Whether you donate food, clothing or cars, your gift to the Mission directly affects people in need.

We saw a **22% increase** in net profit at our car sales and donations site over last year. That covered the cost of **28,727 more meals this year** for men and women who desperately needed it.

Long-term benefits of our car sales and donations program go beyond finances. Some residents work to sharpen their skills and develop good work habits they'll use after their time in recovery.

Vehicle donors receive maximum tax deductions, and proceeds stay in Portland and go straight to the Mission. Every vehicle we sell has been safety-checked. Donations, sales and work opportunities should increase again this year.

Food, clothing, toiletries and other donated items are sorted, assessed and distributed each day. Thanks for your contributions to people in need in Portland!



Pass It Off To Someone In Need.



Donors and volunteers amaze us in the creative ways that they serve, give and improve the lives of our guests and residents, one little bit at a time.

Last year, the proceeds from the sale of a house were donated to the Mission. A donor sold a litter of Doberman Pinschers for \$5,000 and gave it all to provide more meals. A woman (pictured below) walked from Canada to Mexico to raise awareness for homelessness. A motor home, stretch limousine and a mail delivery truck were among the vehicles donated

**Creatively,
Passionately,
Earnestly, Give More.**

to our car sales site. Students held fundraisers in our name, and children emptied their piggy banks for us. Professionals offered their services—from financial planning to haircuts—for free. It's creative gifts like this that remind us that everyone can serve at the Mission.

So what can you do? First, you can talk about us. Tell your friend, your neighbor, your family about us, and encourage others to get involved. You can even invite us to your church or organization, and we'll do the talking for you. You can also give creatively—ask your employer if they'll match your charitable gift, or set up a legacy gift in your will. However you help, know that your gifts and services give real hope to hurting people in great need.



They're Just Nu

**—But They
Change Lives.**

REVENUE

| | |
|------------------------------|-------------|
| Cash donations | \$5,327,026 |
| Investment income | 149,808 |
| Other cash revenue | 168,561 |
| Auto program donations | 1,054,192 |
| Other in-kind contributions* | 2,962,875 |

Total Revenue \$9,662,462

EXPENSES

| | |
|-------------------------|-------------|
| Program services | \$6,991,947 |
| Fundraising/Development | 1,577,651 |
| Administration | 945,879 |

Total Expenses \$9,515,477

CHANGE IN NET ASSETS \$146,985

**Includes food, clothes, toiletries and other items.*

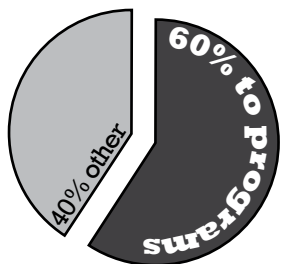
Cash basis (no depreciation or revaluation of assets).



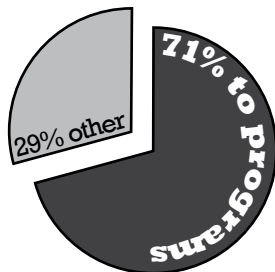
Numbers

Annual Increase in Funds Dedicated to Programs

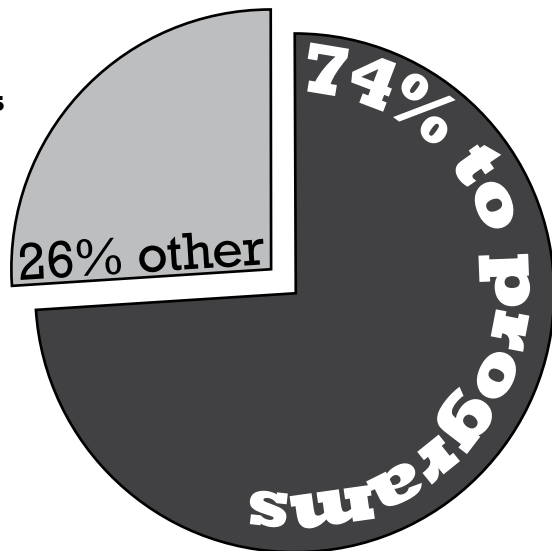
More of your donations go straight to programs at the Mission. For the past two years, 74% has gone right back to the guests and residents who need assistance. Thanks for your continued support!



2006/2007



2007/2008



2008/2009
and 2009/2010



\$1.88

provides a hot, nutritious meal



\$6.44

covers the cost of a warm bed for one night

More than 200 men, women and children were touched by New Life Recovery Ministry at Portland Rescue Mission last year. **Thousands of others** received a hot meal and essential care when they came to our Burnside Shelter from the streets. The restored hope in these lives will affect countless others, and that's all possible because of the generous support from our community of friends.

What started as a humble soup kitchen more than 60 years ago leads people to total life recovery today. Portland Rescue Mission provides compassionate care to homeless and hurting people through addiction recovery, life skills and spiritual healing.

**Your support gives more than a meal. More than a bed.
You give HOPE.**

GIVE SOMETHING MORE

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